

Managing Pestiferous Freshwater Aquatic Midge Emergences from Storm Water Retention Ponds¹

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Freshwater aquatic midges are mosquito-like Diptera belonging to the families Chironomidae and Chaoboridae (Koehler 2003). Chironomidae are commonly referred to as “Blind Mosquitoes,” and Chaoboridae are commonly referred to as “Phantom Predatory Midges” (Figure 1). Midge eggs, larva, and pupa are often found in storm water retention ponds, and their larvae thrive in low oxygen zones. These larvae are often referred to as wrigglers, and sometimes as “bloodworms” because some are bright red in color (Figure 2). The adult midges do not bite, suck blood, or carry diseases, and, therefore, are sometimes called “blind mosquitoes.” Adult midges become a problem when they emerge from ponds in large numbers, primarily in the warm summer months (Figure 3).



Figure 2. Bloodworm.
Credits: Lyle Buss, UF/IFAS



Figure 1. Chironomid adult.
Credits: James Castner, UF/IFAS



Figure 3. Family: *Chironomidae*; Genus: *Glyptotendipes*.
Credits: Lyle Buss, UF/IFAS

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Unfortunately, the emergence of large numbers of these pestiferous aquatic midges impacts the quality of life of the residents living around many storm water retention ponds in communities throughout Florida. Adult midges prefer to rest in shady areas in the day and are often found in large numbers under eaves, on patio screens, and in foyers. These midges can also find their way inside homes as residents enter and exit the structure. In addition, people have reported damage to paint finishes, airplanes, allergies, and discouraged tourism.

A Freshwater Aquatic Midge Integrated Pest Management (FAM IPM) Plan has been developed by the University of Florida to help residents tackle these midge problems. IPM plans are described as a coordinated use of multifaceted pest control strategies. The FAM IPM Plan features the coordinated use of algae control strategies, insectivorous fish, light traps, and insect growth regulators.

Healthy Ponds

The residents concept of what constitutes a healthy, desirable pond can be taken into account when designing a local FAM IPM Plan. These considerations may include fertilizer and pesticide-free buffers between turf and ponds edge; clean, clear water with no algae and low turbidity; irregular shaped ponds with appropriate native, low maintenance vegetation; and adequate fish and wildlife.

Aquatic Midge IPM Plan

The first strategy in the FAM IPM plan involves the use of algae control. Larval Chironomidae graze on algal detritus that settles to the bottom of these ponds. Ponds can be treated with algaecides, such as those containing copper, to control algae. A nutrient abatement strategy should also be implemented. This strategy involves the enforcement of the Florida Green Industry Standards for fertilizer application to turf around ponds. According to the Florida Department of Environmental Protection (2002), for flat turf adopt the use of three-foot untreated buffers if a fertilizer spreader with a deflector shield is used or a ten foot untreated buffer if a spreader without a deflector shield is used. For steeply sloped turf, larger buffers are recommended. Other environmentally friendly practices such as avoiding blowing grass clippings into the water and using slow-release fertilizers are also featured in the nutrient abatement strategy.

The second strategy in the FAM IPM plan involves the use of insectivorous fish to biologically control aquatic midges in ponds. Ponds can be stocked with bream and bass to

control nuisance aquatic insects and provide recreational fishing opportunities. According to the Florida Fish and Wildlife Conservation Commission (2007), bream should be stocked at a rate of five hundred fingerlings per acre. Bream (70% blue gill / 30% red ear) should be stocked in the fall, allowing them to spawn. One hundred bass fingerlings per acre were stocked in the spring when feeder fish were available. Stocking in the summer is not recommended as high temperatures can potentially stress the fish (Cichra 1995).

The third strategy in the FAM IPM plan involves the use of light traps to control adult midges (Ali et al., 1994). Some light traps are able to either trap or kill midges to reduce their numbers. Lights can be used in upland buffers adjacent to the infested ponds in order to divert midges from houses.

The fourth strategy in the FAM IPM plan involves the use of insect growth regulators (IGRs) to prevent midge larvae from pupating normally and developing into the adult stage. An IGR labeled for the control of aquatic midges contains (S)-Methoprene and is sold in pellets. These pellets release the IGR for up to 30 days. (S)-Methoprene can effectively stop the formation of midge pupae in the water (Ali 1991). The (S)-Methoprene label recommends a dosage of five to ten pounds per acre which should be applied twenty feet from the waters edge. Always read and follow label directions. Although the use of (S)-Methoprene can effectively manage aquatic midge pupae, it can be expensive.

Conclusion

Implementation of the FAM IPM Plan should result in a significant reduction of pestiferous aquatic midge emergences from storm water retention ponds. An integrated use of algae control strategies, insectivorous fish, light traps, and insect growth regulators can be effective if properly implemented.

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